



Life Discovery Counseling Services

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Authorization to Release Protected Health Information (Optional)

Client Information	Name _____ Date of Birth _____ Address _____ City _____ State _____ Zip Code _____ Phone Number _____
Clinic/Health Care Provider Who has the information to be released?	Name _____ Address _____ City _____ State _____ Zip Code _____ Phone Number _____ Fax Number _____
Receiving Party Who will the information be released to?	Name _____ Relationship to Client _____ Address _____ City _____ State _____ Zip Code _____ Phone Number _____ Fax Number _____
Information to Be Released What will be released?	<input type="checkbox"/> Whether the client is in treatment or not <input type="checkbox"/> Prognosis (diagnosis, opinion of how treatment will benefit client, general peculiarities of case) <input type="checkbox"/> Brief statement regarding progress (client's denial, client's understanding of their condition, progress or lack of progress on goals, cooperation with treatment plan and rules) <input type="checkbox"/> Brief statement regarding relapse and frequency of relapse (cannot identify specific drugs)
Purpose of Release Why is information being released?	<input type="checkbox"/> Referral to other services <input type="checkbox"/> Coordination of care <input type="checkbox"/> Consultation with Doctor <input type="checkbox"/> Consultation with other mental health provider <input type="checkbox"/> Transfer of care <input type="checkbox"/> Other: _____

Signature of Client _____ Date _____

Signature of Clinician _____ Date _____

This authorization lasts for one year after the date you sign it unless you enter a different date or expiration here: _____.

This authorization may be canceled in writing at any time. A photocopy/fax of this authorization will be treated in the same way as an original. Your signature indicates that you have read and understand this form, and authorize release of your information as described above. I understand that I may refuse to sign this authorization and that refusal to sign will not affect treatment.

FOR THE RECIPIENT OF THE INFORMATION: If any of the requested records contain information regarding alcohol or drug abuse treatment, it may be protected by Federal confidentiality rules (42 CFR Part 2). The Federal rules prohibit you from making any further disclosure of this information unless further use or disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 CFR Part 2. A general authorization for the use or release of medical or other information is NOT sufficient for this purpose. The Federal rules restrict any use of the information to criminally investigate or prosecute any alcohol or drug abuse patient.